

**WISCONSIN
ALL-AMERICAN YOUTH FOOTBALL LEAGUE
19th ANNUAL COACHES CLINIC**

Saturday, March 6, 2010

**Featuring...
Carroll University Head Coach
Henny Hiemenz
with his Coaching Staff**

Clinic Held at:
NX Level Pro Performance Center
W229 N1587 Westwood Drive
Waukesha, WI 53187

Doors Open: 8:00am for on site registration

This clinic is designed for High School/Youth Coaches
and will be held in the facilities of NX Level Pro

Demonstration Style with an Offensive and Defensive topic for each session.

9:00am	NX Level Performance (Warm-up Procedures, Speed & Agility Development, Strength & Power Training)	
10:00am	Offense: Blocking Techniques and Drills	Defense: Team Drills for Takeaways and Tackling
11:00am	Offense: Running Back Fundamentals and Ball Security	Defense: Defensive line, Run Stopping Drills
12:00pm	Offense: Wide Receiver and QB Fundamentals	Defense: Linebackers and Defensive Back Coverage Drills
1:00pm	Lunch and Social Catered by Venice Club	

ADVANCE REGISTRATION: \$30.00/person (\$25.00/person for 6 or more pre-registered by 2-20-10)

AT THE DOOR: \$35.00/person (includes coffee/doughnuts, lunch, and social)

PLEASE SEND CHECK (payable to AAYFL) **AND REGISTRATION BELOW TO:**

**AAYFL COACHES CLINIC
1115 N. Bel Ayr Dr.
Waukesha, WI 53188**

Any questions?? Please call Mike 414-861-1022 or email: aayfloffice@aayfl.org

Organization/School: _____

COACHES ATTENDING



wisconsin ★ all ★ american ★ youth ★ football ★ league

email: aayfloffice@aayfl.org

501(c)3 Organization

website: <http://www.aayfl.org>

Dan Braden
Commissioner
1115 N. Bel Ayr Dr.
Waukesha, WI 53188
(262) 547-8997

ANNUAL FOOTBALL COACHES CLINIC

March 6, 2010
(doors open 8:00a)
World Class Health & Fitness
NX Level Pro
Performance Center



- Brookfield Central ★ Brookfield East ★ Brown Deer ★ Burlington ★ Cedarburg ★ Cedar Grove-Belgium ★ Cudahy
- Delavan ★ East Troy ★ Franklin ★ Fredonia ★ Germantown ★ Grafton ★ Greendale ★ Greenfield ★ Hartford
- Kewaskum ★ Lake Country ★ Milwaukee Custer ★ Mukwonago ★ Muskego ★ New Berlin Eisenhower
- New Berlin West ★ Nicolet ★ Oshkosh West ★ Oconomowoc ★ Pewaukee ★ Random Lake ★ Saukville ★ Slinger
- St. Francis ★ Sussex ★ Thiensville-Mequon ★ Wauwatosa East ★ Wauwatosa West ★ West Allis Central ★ West Allis Hale
- West Bend East ★ West Bend West ★ Whitefish Bay ★ Whitnall ★ WIYFL-Waukesha